



Milk

	Buy 1 - 3	Buy 4 - 6	Buy 7 +
	p/w	p/w	p/w
2 Ltr Whole (less than 4% fat)	£1.50	£1.40	£1.30
2 Ltr Semi-Skimmed (less than 2% fat)	£1.50	£1.40	£1.30
2 Ltr Skimmed (Virtually fat free)	£1.50	£1.40	£1.30
1 Ltr Whole (less than 4% fat)	85p	80p	75p
1 Ltr Semi-Skimmed (less than 2% fat)	85p	80p	75p
1 Ltr Skimmed (Virtually fat free)	85p	80p	75p
1 Pint Whole (less than 4% fat)	60p	-	-
1 Pint Semi-Skimmed (less than 2% fat)	60p	-	-
1 Pint Skimmed (Virtually fat free)	60p	-	-

Organic Milk

	Buy 1 - 3	Buy 4 - 6	Buy 7 +
	p/w	p/w	p/w
2 Ltr Organic Whole	£2.20	£2.00	£1.80
2 Ltr Organic Semi-Skimmed	£2.20	£2.00	£1.80
2 Ltr Organic Skimmed	£2.20	£2.00	£1.80
1 Pint Organic Whole	80p	-	-
1 Pint Organic Semi-Skimmed	80p	-	-
1 Pint Organic Skimmed	80p	-	-

Bread

800g Hovis Medium White	95p
800g Hovis Thick White	95p
800g Hovis Medium Wholemeal	95p
800g Hovis Thick Wholemeal	95p
800g Hovis Medium Best of Both	95p
800g Hovis Thick Best of Both	95p
800g Hovis Medium Granary Original	£1.15
800g Hovis Thick Granary Original	£1.15

6 X Kingsmill Soft White Rolls	75p
6 X Kingsmill Wholemeal Rolls	75p
6 X Kingsmill Best of Both Rolls	75p
6 X Kingsmill Granary Rolls	85p
6 X Kingsmill Crumpets	75p
6 X Kingsmill Pancakes	75p
4 X Kingsmill Tea Cakes	75p
4 X Kingsmill Muffins	75p

Eggs

1 Dozen Medium	£1.45
1 Dozen Large	£1.60
1 Dozen Free Range Medium	£1.80
30 Medium Eggs Tray	£2.50
1 Dozen Organic	£2.95

Butter & Spreads

250g Salted Butter	£1.25
250g Unsalted Butter	£1.25
250g Organic Salted Butter	£2.00
250g Flora	£1.40
250g Utterly Butterly	£1.50

Cheese

200g Mild Cheddar	£1.15
200g Mature Cheddar	£1.15
200g Vegetarian Cheddar	£1.15
200g Irish Cheddar	£1.15
200g Red Leicester	£1.15
400g Mild Cheddar	£2.25
400g Mature Cheddar	£2.25

Juices

		Pk of 8
330ml Tropicana Orange Original	£1.00	£7.00
330ml Tropicana Orange Smooth	£1.00	£7.00
330ml Tropicana Tropical	£1.00	£7.00
330ml Tropicana Orange / Mango	£1.00	£7.00
330ml Tropicana Multivitamins	£1.00	£7.00

		Pk of 6
1 Ltr Tropicana Original	£2.45	£14.00
1 Ltr Tropicana Smooth	£2.45	£14.00
1 Ltr Tropicana Orange / Mango	£2.45	£14.00
1 Ltr Tropicana Tropical	£2.45	£14.00
1 Ltr Tropicana Pink Grapefruit	£2.45	£14.00
1 Ltr Tropicana Calcium	£2.45	£14.00
1 Ltr Tropicana Ruby Breakfast	£2.45	£14.00
1 Ltr Tropicana Pomegranate Blend	£2.45	£14.00
1 Ltr Topicana Pineapple	£2.45	£14.00
750ml Copella Apple	£1.90	£10.50
750ml Copella Apple / Mango	£1.90	£10.50
750ml Copella Apple / Raspberr	£1.90	£10.50
750ml Copella Apple / Elderberry	£1.90	£10.50
1 Ltr Robinsons Orange Squash	£1.90	-
1 Ltr Robinsons Blackcurrant/apple Squash	£1.90	-

		Pk of 12
Freshways 1 Ltr orange	£1.45	£17.00
Freshways 1 Ltr apple	£1.45	£17.00
Sunmagic 1 Ltr Orange	£1.45	£17.00
Sunmagic 1 Ltr Grapefruit	£1.45	£17.00
Sunmagic 1 Ltr Apple	£1.45	£17.00
Sunmagic 1 Ltr Pineapple	£1.45	£17.00
Sunmagic 1 Ltr Tomato	£1.45	£17.00
Sunmagic 1 Ltr Cranberry	£1.45	£17.00

Yogurt

		Pk of 12
125g Tims Low Fat Natural	35p	£3.70
110g Tims Low Fat Fruit Yogurt	30p	£3.30
125g Tims Thick & Creamy Fruit	45p	£4.90
175g Mullerlight mix	55p	£6.50
175g Muller Fruit Corner	55p	£6.50
175g Muller rice	55p	£6.50
425g Freshways Low Fat Natural	50p	£2.70
500g Onken Natural Set	£1.50	£8.10
454g Longley Farm Natural	90p	£4.90
454g Longley Farm Virtually Fat Free	90p	£4.90

Soya Milk

		Pk of 10
1 Ltr Unsweetened Soya Milk	95p	£9.00
1 Ltr Soya Milk Plus	95p	£9.00

Flavoured Milk

		Pk of 12
330ml Gorilla milkshake Chocolate	89p	£9.50
330ml Gorilla milkshake Banana	89p	£9.50
330ml Gorilla milkshake Strawberry	89p	£9.50

		Pk of 10
500ml Yazoo Chocolate Milk	90p	£8.00
500ml Yazoo Banana Milk	90p	£8.00
500ml Yazoo Strawberry Milk	90p	£8.00

Water

		Pk of 12
1.5 Ltr Evian	95p	£8.90
1.5 Ltr Volvic	95p	£8.90
1.5 Ltr Highland Spring	95p	£8.90

500ml Evian (case of 24)	-	£8.90
500ml Volvic (case of 24)	-	£8.90
500ml Highland Spring (case of 24)	-	£8.90
500ml Ice valley (case of 24)	-	£6.90

Groceries & Sundries

PG tips 80 teabags	£3.40	-
Tetleys 100 teabags	£4.80	-
Nescafe 100g	£3.40	-
Nescafe 100g decaf	£3.60	-
1Kg Sugar silver spoon	£1.50	-

Check out our website for an updated product list.

www.freshways.co.uk